



# Swords Educate Together National School Roll Number 20145 O

SETNS Newsletter  
13<sup>th</sup> January 2023

## Athbhliain Faoi Mhaise Daoibh

Welcome back to all our pupils, parents/guardians and staff. Wishing you all the very best for 2023. It was lovely to welcome the children back last Thursday and to see all the smiling faces once again. We have lots planned for the coming year and we are looking forward to sharing all the excitement with you over the months ahead.

We would like to send Emma Plunkett and Rachel Lawlor our best wishes as they begin their maternity leave. Finally, congratulations to Isolde Johnson on the arrival of baby Ceola over the holiday period.

### HSE Advice

You will have received information through the school from the HSE in relation to a very significant increase in the usual winter viral infections. This includes an increase in flu, RSV and now Covid-19. This is because we are all mixing together more. The most important message in relation to any infection is, that **If your child is feeling unwell they should be at home.** For example, if they have:

- Fever
- cough, and/or
- sore throat

they should stay at home until those symptoms have finished. Children unwell with symptoms of one infection are more likely to get 'co-infected' with another infection which might make them more unwell, if they are exposed. For more information, please follow the link below.

<https://www2.hse.ie/conditions/colds-coughs-children/>

### PTA Calendar

It has come to our attention that the PTA calendars that were issued before the holidays have some incorrect dates, especially relating to school holidays. This was an oversight on behalf of the PTA and totally understandable due to their heavy workload coming up to Christmas. Attached to this newsletter is a copy of the original school calendar with the correct dates. It is also available on our school website

## Wellbeing

Before our Winter break, we took part in the Food Dudes initiative. We got to try a variety of delicious fruit and veg and learned about the importance of including these foods in our diet. Thank you to Gillian for coordinating this! Following on from this, we'd like to remind families of the importance of adhering to our Healthy Eating policy when packing lunches or making selections on the Lunch bag app. Remember to try and choose from a variety of food groups from the Food Pyramid for a well-balanced lunch. 😊 Our Healthy Eating policy is available on our school website.

### RSE Programme

This week we have started our RSE (Relationship & Sexuality Education) Programme. This is a school-wide approach and part of the SPHE Curriculum.

**Theme 1 "Myself".** It is a good time of year to make yourself familiar with our RSE Policy:

<http://www.swordseducatetogether.ie/wp-content/uploads/2020/12/RSE-Policy-2020.pdf>.

Class teachers will send home the home-school link information either before or after the lessons, depending on content.

### Lost Bicycle



This bicycle seems to have been forgotten about and has taken up residence in our bicycle shed. If it looks familiar please contact the school, we would love to see it returned to its proper home.

## SCHOOL CLOSED

As communicated to you yesterday, for health and safety reasons the school will close for a period during the day on **Friday 20<sup>th</sup> January** and **Monday 23<sup>rd</sup> January**. This is to facilitate essential sanitisation and cleaning of the school building and to allow our staff to be onsite to work in conjunction with the cleaning company. We understand the inconvenience this causes families, and appreciate your support as always.

### Friday 20<sup>th</sup> January

- **Junior/Senior Infants leave at 11.30a.m.**
- **1<sup>st</sup>-6<sup>th</sup> Class leave at 11.45a.m.**

### Monday 23<sup>rd</sup> January

- **All children welcomed back in at 11a.m.**

Please reassure children that all activity has ceased in the building and that we look forward to welcoming them back on **Monday 23<sup>rd</sup> January at 11am.**

## World Religion Day

**January 15<sup>th</sup> is World Religion Day.** Its aim is to promote understanding and peace between all religions, encouraging people to learn about other faiths and their followers. The first such day was celebrated in 1950. Our Educate Together Ethos aligns with such a celebration where our pupils are taught about all faiths and none, and about showing respect and understanding towards them.



# Swords Educate Together National School

## 2022-23 School Calendar



August '22						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September '22						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October '22						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November '22						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December '22						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January '23						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February '23						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March '23						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April '23						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May '23						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June '23						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

July '23						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

  First and Last Day of School
   School Closed